

Discovering Sardinia

September 20-28, 2024

Sardinia is known for its diverse and delicious cuisine, world-class wines, and stunning natural landscapes. The island's food culture reflects its unique history, with influences from the Greeks, Romans, Arabs, and Spanish. Sardinia is also paradise for nature lovers, with miles of unspoiled beaches, crystal-clear waters, and mountain landscapes. This is the perfect tour for the well-traveled who haven't yet seen this magical island.

Tour Overview

- 9 days, 8 nights
- 2 nights in Cagliari (<u>T Hotel Cagliari</u>)
- 3 nights in Alghero (Hotel Catalunya)
- 2 nights in Arzachena (Airone Hotel)
- 1 night (final) in Cagliari (<u>T Hotel Cagliari</u>)
- Arrival airport: Cagliari (CAG)
- Departure airport: Cagliari (CAG)

Rate

- \$4,100 per person (double occupancy)
- \$4,600 per person (single occupancy)

Includes

- 2 nights accommodation at the 4-star T Hotel in Cagliari including breakfast
- 3 nights accommodation at the 4-star Hotel Catalunya in Alghero including breakfast
- 2 nights accommodation at the 4-star Airone Hotel in Gallura including breakfast
- 1 night accommodation at the 4-star T Hotel in Cagliari including breakfast
- Welcome dinner in a local restaurant (4 course menu and wine)
- 2 hour guided walking tour of Cagliari with a local guide
- Traditional dinner in Maracalagonis (4 course dinner including wine)
- Guided tour of the nuragic site of Barumini incl. admission fees
- Lunch in a local restaurant (3 course menu and wine)



- Winery visits and tastings:
 - o Campidano region winery
 - Alghero region winery
 - Bosa region winery and light lunch
 - Gallura region winery
- Boat tour in Alghero Neptune's cave, including entrance to the caves
- Visit at the Sardinian wine museum in Berchidda
- Visit to an olive oil mill with tasting
- Lunch in a local restaurant (3 course menu and wine)
- Guided tour of Orgosolo
- Lunch with the local shepherds in the Supramonte region
- Farewell dinner (4 course menu and wine) in Cagliari

The rate does not include:

- Airfare
- Airport transfers in and out

Program

Friday, September 20 BENVENUTI IN SARDEGNA

Meals included: Dinner

- Arrive in Cagliari on your own.
- Get together with Sam and the group in the evening for a welcome dinner at a local Cagliari restaurant

Saturday, September 21 THE SARDINIAN CAPITAL

Meals included: Breakfast, Dinner

- Visit to Casteddu, the oldest city area, that gives its name to the city of Cagliari.
- View the panoramic Bastione St. Remy and the nearby Via Sulis, a new shopping district.
- Leisure time in the afternoon
- In the evening, enjoy a typical Sardinian dinner, in the enchanting ambience of an historic country house, a 30 minute drive outsie Cagliari, characterized by the intense green of the "corbezzolo" (a typical Mediterranean plant) and myrtle, which decorate the garden where we dine.



• Enjoy delights prepared by chefs who know how to connect traditional Sardinian culinary techniques and the creativity of high cuisine

Sunday, September 22 SOUTHERN SARDINIAN WINES

Meals included: Breakfast, Lunch

- The region north of Cagliari hosts one of the most important wineries in the region, Argiolas.
- The dominant grape variety here is Cannonau, which we will enjoy paired with a light lunch of local specialties.
- After the winery, we will head to the town of Barumini to visit the Su Nuraxi archaeological site which is Sardinia's only UNESCO Site, and the island's most important Nuragic-age ruins.
- The highlight is the main tower, dating from 1500 BC and incorporated over time into a vast fortified nuraghe compound.
- Then it's on to the region of Alghero to check in at our next hotel, the Hotel Catalunya.
- Leisure time to stroll in the beautiful old Catalan district of Alghero.
- Dinner on your own.

Monday, September 23 ALGHERO

Meals included: Breakfast, Dinner

- Travel by boat to the spectacular Grotta di Nettuno at Capo Caccia. Enter the caves, disembark and walk the stairways surriunding this unique destination, with views for miles.
- In the afternoon, visit a winery in Alghero's wine producing area (Parpinello) and enjoy a tasting of local wines. Vermentino in this area has a completely different nuance compared to what most people have tried in Gallura!
- We will also discover Torbato, a Martinotti method spumante, produced with a rare local grape variety.
- Group dinner in a local restaurant

Tuesday, September 24 BOSA

Meals included: Breakfast, Lunch

- After breakfast, travel to Bosa, a charming village on the banks of the Temo river.
- After free time to explore the village, we will visit a local winery.
- The area of Bosa is renowned for its white wines, made not only of Vermentino but also of Malvasia grapes.



- Tasting at Madeddu Winery, with a light lunch.
- Return to Alghero.
- Enjoy the rest of the afternoon and dinner on your own at leisure.

Wednesday, September 25 WINE MUSEUM, OIL AND LANDSCAPES

Meals included: Breakfast, Lunch, Dinner

- Leave the hotel after breakfast, and on the way to the Gallura region, stop in Berchidda, where we will visit an olive oil mill and the local wine museum.
- The Wine Museum, with its enological-ethnographic itinerary, illustrates the cultural aspects of wine production in Sardinia.
- Lunch in a local restaurant.
- We then travel to our next hotel in the Gallura region, the Airone Hotel
- Group dinner and overnight at the hotel

Thursday, September 26 GALLURA LANDSCAPES AND WINES

Meals included: Breakfast,, Dinner

- In the morning, take a panoramic tour of the Costa Smeralda, where we will see some of the most iconic destinations, such as Baja Sardinia, Porto Cervo and Porto Rotondo.
- Lunch on your own.
- In the afternoon, we will continue exploring the Sardinian wine scene with a visit to a winery in Gallura (Jankara), enjoying variety of local selections.
- The grape varietals cultivated in this area are Vermentino Superiore di Gallura and Cannonau.
- Return to our hotel for a group dinner and overnight
- •

Friday, September 27 SARDINIAN HERITAGE

Meals included: Breakfast, Lunch, Dinner

- Check out of the hotel and set course for central Sardinia.
- Reach the area of Orgosolo, in the heart of Barbagia and situated in a valley at the foot of Supramonte's mountain range, surrounded by fascinating and charming natural landscapes dominated by wild, unspoiled nature.
- Enjoy a visit to the historical center of Orgosolo and the "Murales"



- Our local guide will provide information about the history of the town and its place in Sardinia's history.
- Enjoy a special, traditional lunch as guests of a group of local Sheperds and farmers
- Immersed in a forest, we will sit for a lunch of sliced salami, cheese, lamb, roasted piglet, Pane Carasatu the typical Sardinian crispy bread, wine and some of the best spirits of Sardinia, such as Mirto and Filu e Ferru.
- Arrive back at our hotel in Cagliari
- Farewell dinner with the group at a local restaurant and overnight.

Saturday, September 28 DEPARTURE

Individual transfer on your own to the airport on Cagliari (CAG)